Religious / Spiritual meaning of Langar

By virtue of Sikhism's preaching, the Gurdwara has entry gates from all sides, signifying that everyone is welcome to visit.

Langar is also called "Guru Ka Langar". Besides the virtue of sharing, the concept of Langar also teaches equality and loving-kindness.

In Langar, only vegetarian food is served. This is done to ensure that all people, irrespective of their dietary restrictions, will feel welcome to eat as equals. The institution of Guru Ka Langar has in the past served the community in many ways; it has ensured the participation of Sikhs in a task of service for humankind.

Langar also teaches the etiquette of sitting and eating in a community situation, which has played a great part in upholding the virtue of sameness of all human beings, providing a welcome, secure, and protected sanctuary.

Guru Ka Langar : The community kitchen as the tradition started by Sikh Gurus

ਸਰੀਰਕ ਅਤੇ ਰੂਹਾਨੀ ਲੰਗਰ Physical and spiritual Feeding of Langar:

"Let no one be hungry where the spirit of God prevails"

Wherever there is a Gurdwara, it is made sure that there will be a Langar Hall (Dining Room). A Sikh Gurdwara without Langar is inconceivable. All the devotees and visitors who come to the Gurdwara and attend sangat (holy congregation) in the Gurdwara are offered and partake in Langar.

ਪਹਿਲੇ ਪੰਗਤ ਪਿੱਛੇ ਸੰਗਤ Pehle Pangat Piche Sangat:

A strong tradition that the devotees and visitors to the Gurdwara must first sit in Pangat to take Langar and then go for Sangat (congregation).

Guru Amar Das ji wanted visitors to shun the caste system and create liberal views in their routine life. He made it obligatory for visitors to go to Langar first and then attend the Sangat This created a feeling of affection, mutual harmony, fellowship and unity.